

NORTHWEST MARTIAL ARTS PRESENTS...



YOSHIMOTO YAMASHIRO

Ryukyu Kempo Karate

“Yamashiro teaches the lost karate.” - Kris Wilder, Author, “The Way of Sanchin Kata”

Saturday, October 9, 2010 10am-2pm

Sunday, October 10, 2010 10am-2pm

One seminar: \$80

Both seminars: \$145

\$20 off if you register by September 15!



This is a tremendous opportunity to learn from a master practitioner. Your body structure and movement will improve, your blocks will work better, and you will hit harder. Yamashiro is from Naha, Okinawa.

- Space is limited – register early!
- Day 1: Open to intermediate and advanced students; Day 2: Black belts only
- This seminar will take you through exercises, kata applications, and underlying principals in a hands-on, collaborative environment.

Please send completed registrations to:

Northwest Martial Arts

18102 102nd Ave NE, Suite 105

Bothell, WA 98011

Payment is non-refundable, must be received by 9/25

Questions?

info@nwmawa.com / 206-313-4688

Name: _____

Address: _____

City: _____ State: _____ Zip _____

E-mail: _____

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PARTICIPANT SIGNATURE: _____

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DATE: _____

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